



ASPEN HEIGHTS NEWSLETTER

5869 - 69TH STREET DRIVE

RED DEER, AB T4P 1P6 403-347-2581

SAFE ARRIVAL LINE: 403-346-6543

[HTTP://ASPENHEIGHTS.RDPD.AB.CA/](http://aspenheights.rdpd.ab.ca/)

PRINCIPAL: MR. BILL KWASNY

VICE PRINCIPAL: MRS. CAROLYN STOLTE

FROM THE PRINCIPAL'S DESK

Season's Greetings to all our Aspen Heights families! December is always an exciting time for our students! We are so grateful to work with such a remarkably supportive community. As the snow falls and the winter holidays approach, it is the perfect time to teach our children about being helpful, grateful, generous and kind. Our classes have each selected a local agency to support in our Christmas Tree Giving Project. The foyer is decorated and we are just waiting for the donations to start coming in.

December is a very busy time with conferences and our school Christmas Concert. Please make sure you take the time to do lots with your family. Playing outside, reading together and even shopping as a family can be a great family experience!

Have a healthy December!

Bill Kwasny
Principal

Safe Arrival Line

If your child is going to be away from school or late for school, it is expected that you will call the Safe Arrival Line at **403-346-6543** and leave a message.

Please appreciate that this is done for the safety of your children.

Important Dates In December

Live Links
Please check out our links at the top of page to PowerSchool, Facebook & Twitter

December 1	Report Cards available on PowerSchool @ 3 PM
December 7	Parent/Teacher Conferences Kindergarten - Grade 5 (No classes for students)
December 8	Staff Learning Day (No classes for students)
December 11	Christmas Concert Tickets sent home (Evening Concert)
December 11-1	Grade 5 Candy Gram Sales (see details below)
December 14	Christmas Concert 1:00 pm (no ticket required)
December 14	Christmas Concert 7:00 pm (ticket required)
December 22	School Wide Pancake Breakfast
December 22	Early Dismissal 2:10 PM
December 23 - January 7	Christmas Break (no school)
January 2	Last day to order Dino's Pizza
January 8	First Day of classes for 2024

Parent / School Council Dates

- December 4-12 Christmas Concert VI P ticket sales (seats & parking)
- December 12 Christmas Concert VI P ticket draw
- December 14 Christmas Bake Sale

Upcoming Hot Lunches

If you order(ed)

- December 1 Mucho Burrito
- December 6 Edo Japan
- December 14 Chopped Leaf
- December 22 Quizno's
- January 8, 24 Dino's Pizza

School Wide Pancake Breakfast

Friday December 22

Each Student will be served 2 pancakes with sausages in their classroom after the first bell.



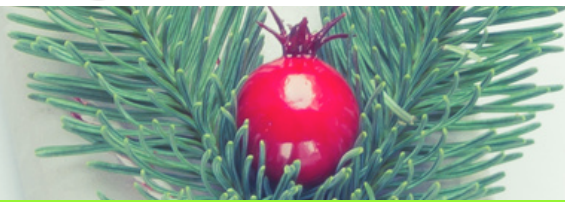
Kiwanis Terrific Kids



TERRIFIC KIDS

The November "Terrific Kids" award recipients, sponsored by the Kiwanis Club of Red Deer were:

- Kenzie Jagunos, Mason Brown,**
- Kyrie Enns, Everett Becker,**
- Alaiyah McCaslin,**
- Adrianna Moosewah,**
- Armin Kapetanovic,**
- Dracen Gagnon, Griffin Lagoutte,**
- Sara Baird, Peyten Smith**



AWESOME MICROSOCIETY AWARDS

The following students were recognized in November for being outstanding Micro Citizens:

These outstanding student will have pizza lunch (Sponsored by Pizza 73) with Mr. Kwasny and their staff nominator on **Tuesday, November 28, 2022.**



- Jeremiah Somer,**
- Sophia Barry,**
- Skylar Karcha,**
- Madisyn Krause,**
- Austin Becker,**
- Maycen Bouchard**





Parent/Teacher Conferences

Choice of In person or phone

Conferences will take place on Thursday, December 7 2023,
from 10:00 am - 8:00 pm for Kindergarten - Grade 5.

Please go www.schoolinterviews.ca and enter the
code **QWGCA** to book a conference.

There will be no school for students Thursday, December 7 or
Friday, December 8, 2023.



Christmas Concert 2023

Thursday December 14

1:00PM - No ticket required

7:00PM - Tickets required



Due to fire code every family will receive 2 tickets for the evening performance. Other family and friends are asked to attend the afternoon performance. No tickets are required for the afternoon performance.

Tickets for the evening performance will be sent home on Monday December 11th with the youngest child in the family.





Dear Parents,

This year we are doing something special to help the students at our school celebrate the holidays!

The grade fives at Aspen Heights would like to do a Candygram fundraiser to help pay for their overnight camp in June. Spreading cheer during the holiday season is a great way to help them accomplish this goal!

Grade five students will set up during the week of Dec. 11 - Dec. 15 outside the library and will sell Candygrams for 25 cents each. Students may purchase a Candygram, address it to someone, and then the grade five students will deliver them along with a small candy cane treat attached.

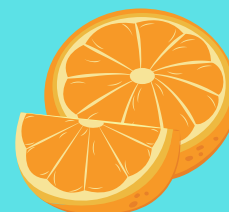
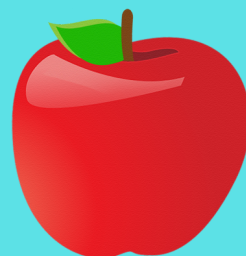
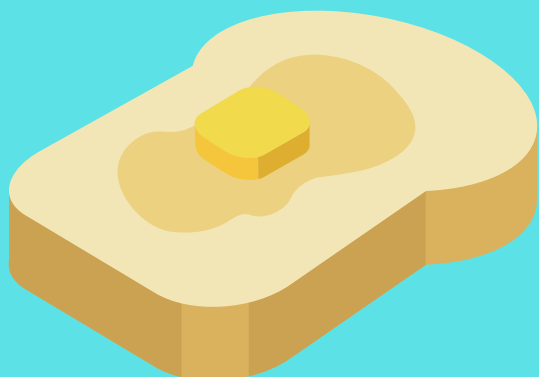
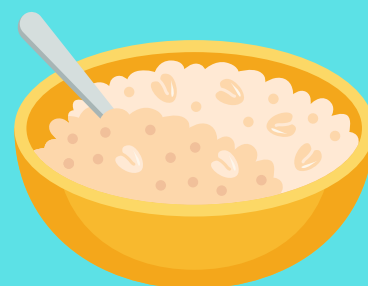
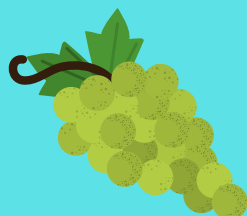
The grade fives would like to thank you for your support!

Happy Holidays!

Grade 5 at Aspen

BREAKFAST CLUB

**MONDAY - FRIDAY (SCHOOL DAYS)
8:00 - 8:30AM**



STUDENTS MUST DRESS APPROPRIATELY FOR THE WEATHER

With colder weather approaching, please ensure your child/ren are dressed properly for the outdoor recesses. Fresh air and outdoor activity are very important during the winter months. Our students will stay inside only if the temperature, with the wind chill is lower than -20 degrees Celsius.

If you require assistance obtaining winter gear for your child(ren) please email Mr.Kwasny at bill.kwasny@rdpsd.ab.ca

Thank you for your support.



Christmas Themes

December is just around the corner and, in many classrooms, that means teaching with a Christmas theme. Language Arts, Social Studies, Art and other subject objectives are often taught through the theme of Christmas customs and traditions. Often, while the learning outcomes of these themes do not deal explicitly and primarily with religion, we would like to notify you that it may be possible that children bring up religious topics or questions incidentally as part of the class discussion.

If you do not wish your child to participate in these activities you can request that your child be excused from them by sending a written request to the school.

DECEMBER 2023



**REPORT CARDS WILL BE AVAILABLE TO
VIEW ON POWERSCHOOL ON FRIDAY
DECEMBER 1ST AT 3:00PM**

PowerSchool

**Please remember to update contact
information in Powerschool if you
have any changes to your address or
phone numbers.**



STUDENTS **MUST** CROSS THE STREET IN FRONT OF THE SCHOOL (69TH STREET DRIVE) AT THE CROSSWALK.

PARENTS MUST COMPLY WITH THE CITY'S PARKING BY-LAWS, CLEARLY INDICATED IN THE SIGNAGE ALONG 69TH STREET DRIVE. PLEASE BE CONSIDERATE OF NEIGHBOURS AND DO NOT PARK IN FRONT OF THEIR DRIVEWAYS.

THERE IS NO STOPPING IN THE ALLEY TO THE SOUTH OF THE STAFF PARKING LOT. PLEASE OBSERVE CITY ALLEY BY-LAW #3186/97

NO PERSON SHALL PARK A VEHICLE IN AN ALLEY, UNLESS A SIGN PERMITS PARKING, BUT ALLEYS MAY BE USED FOR: THE LOADING OR UNLOADING OF GOODS FROM A COMMERCIAL VEHICLE FOR A PERIOD NOT EXCEEDING 30 MINUTES; OR THE LOADING OR UNLOADING OF GOODS OR PASSENGERS FROM VEHICLES OTHER THAN A COMMERCIAL VEHICLE FOR A PERIOD NOT EXCEEDING 5 MINUTES, PROVIDED THAT THE VEHICLE CONCERNED IN SUCH LOADING OR UNLOADING OF PASSENGERS OR GOODS, DOES NOT OBSTRUCT THE ALLEY AS TO PREVENT OTHER VEHICLES OR PERSONS FROM PASSING ALONG SUCH LANE.

PLEASE DO NOT PARK IN THE STAFF PARKING LOT.





KINDERGARTEN REGISTRATION



Red Deer Public Schools is the **BEST CHOICE** for exciting learning opportunities for all children. This begins with Kindergarten!

We offer **ENGLISH** programming, Monday to Friday **HALF DAYS** only.

Registration begins January 15, 2024

Register online by visiting our website rdpsd.ab.ca

Children must be 5 years of age by December 31, 2024



Bower Community Centre, YMCA & Family Resource Network

December 2023

Bower Community Centre (85 Boyce Street) & YMCA (6391-76th Street), Outdoor & Online Programs

Mon (Bower)	Tue (YMCA)	Wed	Thu (Bower)	Fri (Online)	Sat
4 Stay & Play Tip Sheets 9:30-11:30 *Natasha Baby & Me 1:00-3:00 *Natasha	5 Play & Learn 9:30-11:30 *Natasha Youth @ the Y 2:00-5:00 *Shelley	6 Online Book Club 4:00-5:30 *Shelley	7 Baby Buddies 9:30-11:30 *Timi Lil Munchkins 1:00-3:00 *Timi Get Crafty (Online) 2:00-3:00 *Natasha	8 Triple P: The Power of Positive Parenting (Online) 9:30-11:30 *Tammy	ECD Programs for Children Ages 0-6 and their Parents/ Caregivers
11 Stay & Play Tip Sheets 9:30-11:30 *Natasha Baby & Me 1:00-3:00 *Natasha	12 Play & Learn 9:30-11:30 *Natasha Youth @ the Y 2:00-5:00 *Shelley	13 Online Book Club 4:00-5:30 *Shelley Games Night @ Wizard's Loft 5:00-7:00 *Tammy	14 Baby Buddies 9:30-11:30 *Timi Lil Munchkins 1:00-3:00 *Timi Get Crafty (Online) 2:00-3:00 *Natasha	15 Triple P: Raising Confident, Competent Children (Online) 9:30-11:30 *Tammy	Programs for Youth Ages 14-18
18 Stay & Play Tip Sheets 9:30-11:30 *Natasha Baby & Me 1:00-3:00 *Natasha	19 Play & Learn 9:30-11:30 *Natasha Youth @ the Y 2:00-5:00 *Shelley	20 Online Book Club 4:00-5:30 *Shelley	21 Baby Buddies 9:30-11:30 *Timi Lil Munchkins 1:00-3:00 *Timi Get Crafty (Online) 2:00-3:00 *Natasha	22 Triple P: Raising Resilient Children (Online) 9:30-11:30 *Tammy	Programs for Youth Ages 7-13
25 	26 	27 	28 	29 	Parent Enrichment Programs for Parents/ Caregivers

December 2023

Red Deer Family Resource Network: 103, 5214-47 Ave

Mon	Tue	Wed	Thu	Fri	Sat
4 Baby Kindermusik 10:00-11:30 *Shelley Art Attack 1:30-3:00 *Timi Fight the Fear 4:00-5:30 *Shelley	5 Stepping Stones Triple P 9:30-11:30 *Tammy Discover Time 9:30-11:30 *Timi Walk & Play (Outdoors) 1:00-3:00 *Natasha	6 Babes N Tots 9:30-11:30 *Natasha Homeschool Connections 1:30-3:00 *Timi Teen Cookin' 3:00-7:00 *Tammy	7 Sensory Time 9:30-11:00 *Natasha Triple P: Raising Responsible Teens 1:30-3:30 *Tammy Fear Less Triple P 3:30-5:00 *Tammy Empowered Youth 5:00-5:50 *Shelley Anger Management for Families 6:00-7:30 *Tammy	8 Little Friends 9:30-11:00 *Natasha Transitions Triple P 1:00-2:30 *Tammy Grish Play 2:30-3:00 *Shelley	9 Dad Hair School 10:00-12:00 *Tammy
11 Baby Kindermusik 10:00-11:30 *Shelley How Money Works 1:00-2:30 *Timi Fight the Fear 4:00-5:30 *Shelley	12 Discover Time 9:30-11:30 *Shelley Fear Less Triple P 3:00-4:30 *Tammy Walk & Play (Outdoors) 1:00-3:00 *Natasha	13 Babes N Tots 9:30-11:00 *Natasha Homeschool Connections 1:30-3:00 *Timi	14 Sensory Time 9:30-11:00 *Natasha Triple P: Raising Responsible Teens 1:30-3:30 *Tammy Empowered Youth 5:00-5:50 *Shelley	15 Little Friends 9:30-11:00 *Natasha Transitions Triple P 1:00-2:30 *Tammy	ECD Programs for Children Ages 0-6 and their Parents/ Caregivers
18 Baby Kindermusik 10:00-11:30 *Shelley Art Attack 1:30-3:00 *Timi	19 Discover Time 9:30-11:30 *Shelley Fear Less Triple P 3:00-4:30 *Tammy	20 Babes N Tots 9:30-11:00 *Natasha Unicorn Story Christmas Party 5:00-7:00 *Tammy	21 Sensory Time 9:30-11:00 *Natasha Triple P: Raising Responsible Teens Connected 1:30-3:30 *Tammy Empowered Youth 5:00-5:50 *Shelley	22 Little Friends 9:30-11:00 *Natasha Transitions Triple P 1:00-2:30 *Tammy Christmas Party 2:30-3:00 *Shelley	Programs for Youth Ages 7-13
25 	26 	27 	28 Winter Art 9:30-11:00 *Timi Little Professors 1:30-3:00 *Shelley	29 Youth Board Games 10:00-11:30 *Shelley Harry Potter Christmas Party 1:00-3:00 *Shelley	Parent Enrichment Programs for Parents/ Caregivers

December 2023 Program Info

Fight the Fear (anxiety): This is a youth program for children ages 10-13yrs old. It is a three-session group that will help the child to recognize what anxiety feels like for them, what are their triggers, and what they can do to get through an attack and feel better about themselves. We try to have a very calm space and let everyone join in and share with us how they are feeling, and they feel when in an attack.

Youth @ the Y: This is a program for youth ages 7-13yrs old. It offers a friendly group setting to meet new friends, be creative with arts and games, and to play and participate in new activities.

Youth Book Club: This is an online Book Club for children ages 7-13yrs old. We read 2-3 chapters a sitting, and then participate in an activity after. Home address* are required to deliver the activity packages to homes. This month we will be continuing our journey with the Wings of Fire: The Lost Her.

Empowered Youth: This is a youth program for children ages 7-13yrs old. It is a group that will share ways to feel more comfortable with who they are, what they do and like, and how to stand tall and strong in their own bodies. We will be using the Big Life Journals to help us to move forward in our awesome lives.

Christmas Break Youth Board Game Day: During school winter break, would you like your youth (ages 7-13) to get out and play with others? We will be hosting a board game day. Youth can join us to play a variety of board games, card games, and strategic games. Fun to be had by all.

Harry Potter Christmas Party: Do you have a POTTERHEAD in your house, that are ages 7-13yrs old? Would they enjoy a few hours of Harry Potter fun? Sign them up for our Harry Potter Christmas Party. Wand making, practicing spells, trivia, snacks, movie playing, and meeting fellow Potter Nerds.
 FOR MORE INFORMATION OR TO REGISTER FOR THE PROGRAMS LISTED ABOVE CONTACT
 SHELLSEY.BLANDIN@MCMANCENTRAL.CA OR 403-896-3419

Cookie Baking for Teens: For teens 14-18, join us for a free baking class this holiday season! We will make 2 types of easy and tasty cookie recipes, and decorate one pre-baked cookie recipe, all of which you get to take home. Supplies will be provided! Must register in advance so Tammy knows how much to prepare for the fun!

Tabletop Games @ Wizard's Loft: Wizard's Loft Game Café is a fun space that provides access to over 500 types of board games that can be played 1:1 or with multiple friends. Each month they host our Tabletop gang to gather and play board games, so whether you are new to the group or a board game 'geek' Join us for fun, make friends, bring friends. Limited spots so must register in advance.

The Unicorn Society Christmas Party: The Unicorn Society is an inclusive teen group that meets monthly to provide a safe and fun space for teens to hang out, build skills, gather resources, and be empowered! This month is our holiday party, so please sign up for fun, games, music, laughter, and wear your holiday best to feel your best! Tammy would also love your help to prep and decorate for this event and make it your own so please touch base for details and to register!
 FOR MORE INFORMATION OR TO REGISTER FOR THE PROGRAMS LISTED ABOVE CONTACT
 TAMMY.PREDOVIC@MCMANCENTRAL.CA OR 403-896-5348

TRIPLE P Positive Parenting Seminar Series: Parenting Seminars for families of children ages 2-12 years. Triple P strengthens families by promoting positive relationships. Join us for 1, 2, or all 3 free presentations: **The Power of Positive Parenting, Raising Confident Competent Children, and Raising Resilient Children.** Contact Tammy for details.

TRIPLE P TEENS Positive Parenting Seminar Series: Parenting Seminars for families of Teens ages 13-16 years. Triple P strengthens families by promoting positive relationships. Join us for 1, 2, or all 3 free presentations: **Raising Responsible Teens, Raising Competent Teens, and Getting Teens Connected.** Contact Tammy for details.

Triple P Stepping Stones: For families of children ages 2-12 with special needs. This program is offered 1:1 over the course of 6-8 weeks (depending on family's need) to provide strategies that help with behavioral concerns. Contact Tammy to set up an intake. New spots available starting in January 2024.

Dad Hair School: Dads and daughters!!! Join us on Saturday, December 9th from 1-3pm, with @Chelsabhair to learn how to braid that longer hairstyle. A great 2 hour FREE tutorial class for anyone really, who struggles to braid their child's hair. All supplies will be provided but spots are limited and dad's will get preference, so register early. Contact Tammy to register and for more details.
 FOR MORE INFORMATION OR TO REGISTER FOR THE PROGRAMS LISTED ABOVE CONTACT
 TAMMY.PREDOVIC@MCMANCENTRAL.CA OR 403-896-5348

How Money Works: We will have a financial representative coming in to talk about how to overcome the most common financial challenges that people face. Join us for an educational afternoon and have your money questions answered. Limited childcare spaces are available. Registration is required.
 FOR MORE INFORMATION OR TO REGISTER FOR THE PROGRAMS LISTED ABOVE CONTACT
 TIMI.EVERETT@MCMANCENTRAL.CA OR 403-896-4820

December 2023 Program Info

Stay & Play: Come join in some indoor play at the Bower Community Center. We will have a different activity each week and we end each group with a story and some dancing with our littles.

Baby & Me: Ages 0-18mths. Learn, play and grow with baby while connecting with other caregivers. Registration required.

Walk & Play: Join us for a walk and some park play. We will be at a different location each week! 5th - Bower Ponds, 12th - Heritage Ranch. We will be leaving for our walk at 1:05pm. Registration Required

Sensory Time: Sensory play is a great way for children to use all five senses at once! Parent and their children will have fun playing in a new sensory bin that explores different textures, colours and themes that spark the imagination. Registration Required

Little Friends: Come join us to explore our FRN play space and connect with new friends and families. Registration is required.

Virtual Get Crafty: Join in some online fun. We will be creating a craft together virtually each week. Registration is Required by the Monday prior to program.

Babes n Tots: Join us for a morning to meet new friends and have some indoor fun. Registration is required.

Play and Learn: Come join us at the YMCA for some indoor play, crafts, and circle time on Tuesday mornings. Registration is required.

FOR MORE INFORMATION OR TO REGISTER FOR THE PROGRAMS LISTED ABOVE CONTACT
 NATASHA.WILTON@MCMANCENTRAL.CA OR 403-896-6401

Art Attack: Join us for an afternoon of Christmas themed crafts! This program is for ages 3-6. Registration is required.

Homeschool Connections: This group is for our families who homeschool! Meet other families, make connections, and share resources while the kids enjoy the play space. Our youth facilitator will be joining us with some fun activities for the youth as well. Registration is required.

Lil Munchkins: Join us for an afternoon of play, activities, and new friends. Registration is required.

Baby Buddies: This program is for our littles (under 15 months). Join us for some socialization for yourself and your little. Meet new friends and enjoy quality time together! Registration is required.

Winter Art: Join us for a morning of crafting and playing! Registration is required.

Little Professors: Join us for an afternoon of fun science experiments! Registration is required.
 FOR MORE INFORMATION OR TO REGISTER FOR THE PROGRAMS LISTED ABOVE CONTACT
 TIMI.EVERETT@MCMANCENTRAL.CA OR 403-896-4820

Baby Kindermusik: We offer this program to families with babies ages 0-2yrs old. We introduce music and movement with songs, little instruments, and dancing. It is time for babies and adults to have some bonding time with baby friendly music. We also offer a craft each week.

Discover Time: This is an early childhood program with parents who have children ages 0-6yrs old. Every week we explore different themes with crafts, games, coloring, and play.

Friday Fun Times: This is an afternoon program for families with children ages 0-6yrs old. A chance to play with new friends, new toys, make crafts and have a wonderful afternoon. Open and welcoming play time.
 FOR MORE INFORMATION OR TO REGISTER FOR THE PROGRAMS LISTED ABOVE CONTACT
 SHELLSEY.BLANDIN@MCMANCENTRAL.CA OR 403-896-3419

The Lights Red Deer

Festive fun happening
all season long!

Events



North Pole Patio Party

November 17
4 - 7 p.m.
Ross Street Patio

Writes of Winter Contest

November 17 -
January 15
Red Deer

Rare & Remarkable Artisan Market

November 25
10 a.m. - 4 p.m.
Red Deer Museum
and Art Gallery
4525 47A Avenue



reddeer.ca/RDLTN

Winter Market

November 24 & 25
Nov 24 3 p.m. - 7 p.m.
Nov 25 12 p.m. - 7 p.m.
Millennium Centre

Capstone Winter Nights Festival

December 1-3
Dec 1 & 2 5 p.m. - 10 p.m.
Dec 3 4 p.m. - 9 p.m.
Canada 150 Square

Frost Street Patio Party

December 8
4 p.m. - 7 p.m.
Ross Street Patio

Downtown Twinkle Tour

December 15
4 p.m. - 7 p.m.
Ross Street Patio
and across downtown

Santa's Bus Tour

December 8, 9, 15, 16
Starting at 5:30 p.m.
Visit reddeer.ca/RDLTN for
maps, route details.



Details on events happening throughout the season



reddeer.ca/RDLTN





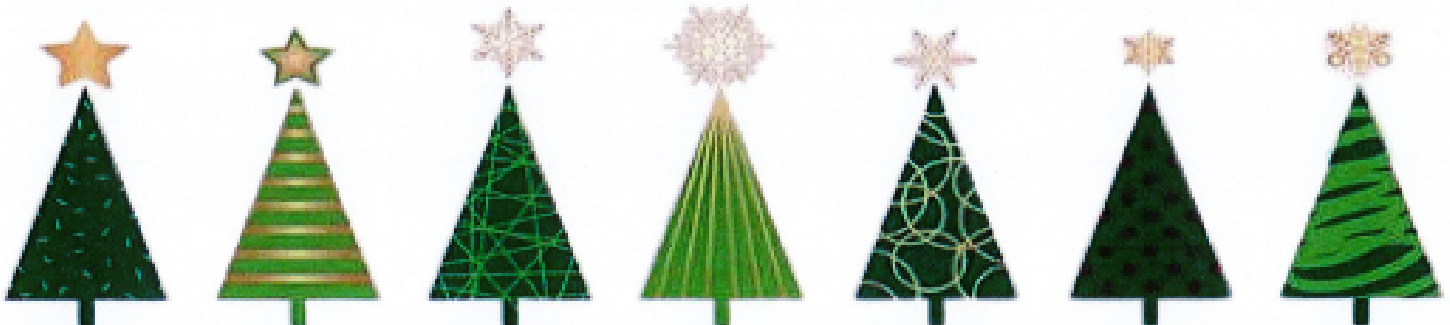
Aspen Builds Community Christmas Giving Tree Project 2023

Christmas is always a great time to talk about giving back, paying it forward and doing something kind for someone in need. We have brought back our GIVING TREE Christmas themed lobby display and each class will play a major role in how their tree is decorated for the giving season.

Each class has discussed and chosen a local organization that they will be collecting donations for this holiday season. You can find the information on the organizations that we are collecting donations for on the attached pages. Please feel free to contribute to any Giving Tree; it does not need to specifically be your child(ren)'s class. Throughout the month of December donations will be added to your child(ren)'s class tree & wrapped boxes that will be in the front lobby of the school. Donations for this project will be accepted until the Christmas concert on Thursday December 14 , 2023. Please keep in mind that when gathering donations, that we are not going door to door but rather just asking family and friends to help support our project by collecting donations that are on the 'needed' list for the organization(s).

If you have any questions, please reach out to your child(ren)'s teacher.

Thank you for being a part of our Giving Tree Project this year!



ABC Christmas Giving Tree Project 2023

Gifts	Agency Name	Items/Collecting
Kinder AM	Pediatric Ward, Red Deer Hospital	Hat/ toques (child & teen) Cozy Socks (child, teen & adult) Individual toiletries - shampoo, conditioner, body wash, toothpaste, mouthwash Toothbrushes (infant to adult)
Kinder PM	PChAD!! (Youth Center)	Hats / toques (teen) Socks (teen) Tampons Individual toiletries - shampoo, conditioner, body wash, toothpaste, Blankets Fidgets
1 Milner	Central Alberta Humane Society (SPCA)	Canned cat and dog food, Toys & Treats, cleaning supplies (like Lysol/wipes), litter scoops, pet dishes.
1 See	Foster Hope Animal Society	Used/New Towels or linens, New/used (in good quality)/Dog/Cat Toys Cat/ Dog food, canned or kibble, Pee Pads Treats new/used collars, leashed, pet dishes, litter scoops
2 Schneider	Turning Point	\$5-\$10 food/coffee gift cards Hand Warmers Foot Warmers Small notebooks/journals Pens Deodorant Toothbrushes Nail clippers & manicure kits Small Kleenex packs Shampoo & conditioner (travel sizes) Razors & shaving cream Combs Gloves Socks Shoelaces
2 Sweet	Mustard Seed	Mens Underwear - high need** (sizes M, L, XL) Womens Underwear - high need** (sizes S, M, L, XL) Women's Hygiene products Shampoo (travel size) Body Wash (travel size) Women's T-shirts, Leggings, Hoodies, sweaters (All Sizes) Men's T shirts, pants, hoodies, sweaters (All Sizes) Long Johns (Men & Women All Sizes) Adults Winter Coats (Sizes S-XL) Gloves & toques

3 McDavid	Child Advocacy Center (Sheldon Kennedy Center of Excellence)	Wrapping paper Stuffed Games Toiletries Hair care Hats Socks Playdoh Fidgets Journals Craft supplies
3 Rhoad	Gifts for Grandparents	Light weight blankets Magnifiers Boxes of chocolates or soft chocolate Boxes of crackers Slippers Knitted items Tissues Socks Candies or sugar free candies Large print word search or crossword books Little stuffed Playing cards Coffee mugs Chess or checker game Mints Gift cards Heated blanket Ornaments and snow globes Hot chocolate, drink pouches squishies , stress balls or fidgets
4 Cooke	Central Alberta Women's Emergency Shelter (CAWES)	See Attached List
4 Jardine	Red Deer Food Bank	Canned Food Items (meat, fruit, vegetables, sauces, beans, soup) Heat & Eat Meals Peanut Butter Rice Mac & Cheese Products Pasta Dry Cereal Dry Soup Baby Food / Formula / Diapers Juice Boxes School Snacks Pet Food Toiletries (toothbrushes/paste, razors, soap, deodorant) Feminine Hygiene Products Meat Milk, butter, cheese, yogurt
5 McIntosh	Red Deer Christmas Bureau	See Attached List

5 Sim	Ronald McDonald House	Unscented baby wipes Feminine Hygiene Products Decorative Window Clings Shampoo / Conditioner Toothpaste (adult and kids) Individually packaged toothbrushes Vaseline Baby bodysuits Water Bottles Adult Pyjamas Baby toys Meal prep containers Mr.Noodles Granola Bars Flour Sugar Ziploc Bags Lysol Wipes Toilet Paper
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CAWES Donation Wish List 2023 – 4C

- ♥ New ladies & boys' underwear
- ♥ Teen boy clothing & winter wear
- ♥ Ladies bras, sports bras
- ♥ Winter coats & boots (ladies & children)
- ♥ Ladies mittens & toques
- ♥ Snow suits (ages 0-10 yrs.)
- ♥ Bath towels, facecloths
- ♥ Feminine hygiene products (tampons)
- ♥ Shampoo & conditioner
- ♥ Deodorant
- ♥ Hair brushes
- ♥ Shower curtain liners
- ♥ Twin size sheet sets, comforters, blankets, sheets
- ♥ Pillows, pillow cases, pillow protectors
- ♥ Baby formula, bottles, soothers
- ♥ Fruits, vegetables, bread
- ♥ Crafting/Art supplies (E.g. beading, dream catchers, diamond art, paint-by-numbers, etc.)
- ♥ Gift Cards in \$5, \$10, \$15, \$20 denominations (i.e. Walmart, Superstore, etc.)

For Children	For the women:
<ul style="list-style-type: none"> ♥ Baby dolls & accessories ♥ Craft kits (make-your-own bracelets, bath bombs, etc.) ♥ Board Games (older children) ♥ Blocks ♥ Cars (Hot Wheels) ♥ Wii games (non-violent) ♥ Lego ♥ Colouring books ♥ Kitchen toys (food, accessories) ♥ Sensory toys (fidget toys) ♥ Marble tracks ♥ Trains ♥ Small balls ♥ Barbies & accessories 	<ul style="list-style-type: none"> ♥ Chocolates ♥ Journals and pens ♥ Hair elastics, brushes ♥ Paint brushes, paint, canvases, art supplies ♥ Day planners ♥ Nail polish ♥ New pyjamas and slippers

Red Deer Christmas Bureau – 5 McIntosh

Ages 0-3	Ages 4-6	Ages 7-9
<ul style="list-style-type: none"> ♥ Mitts, Slippers and PJs ♥ Blankets ♥ Paw Patrol ♥ Wooden Puzzles ♥ Fisher Price Toys ♥ V-Tech Learning Toys ♥ Outfits & Sleepers ♥ Leapfrog, Baby Einstein Toys ♥ Little Tikes Toys ♥ Melissa & Doug Toys ♥ Sorting & Stackable type toys ♥ Ride on Toys ♥ Dinosaurs ♥ Rattles ♥ Bottles/Diapers ♥ Lotion/Soaps 	<ul style="list-style-type: none"> ♥ Little Mermaid Toys & Dolls ♥ Building Toys ♥ Barbie Toys ♥ Dance Mats ♥ Kids Toy Phones ♥ Tonka Toys ♥ Felt Markers and Crayons ♥ Hot Wheels ♥ Fisher Price Toys ♥ Pokémon ♥ Train Set ♥ Sports Equipment (T-Ball) ♥ Scooter, sleds, bikes, helmets ♥ Ninja Turtles ♥ Disney Toys ♥ Puzzles up to 500 pieces ♥ Dolls/clothes/accessories ♥ Nerf Toys ♥ Disney Princess Toys ♥ Play Kitchen Items, play tool sets ♥ Dinosaurs 	<ul style="list-style-type: none"> ♥ Blankets ♥ Barbies & Accessories ♥ Cameras ♥ Furby ♥ Fingerlings ♥ Lego ♥ Remote control cars ♥ Sports Equipment, balls ♥ Star Wars ♥ Science kits ♥ Nerf Toys ♥ Scooters ♥ Hot Wheels ♥ Musical Instruments, headphones ♥ Skateboards ♥ Imaginarium Toys/Sets ♥ Puzzles up to 500 pieces ♥ Art or Craft Kits ♥ Hair Brush Sets, hair dryer ♥ Hair Straighter & curling irons
Ages 10-12	Ages 13-17	
<ul style="list-style-type: none"> ♥ Terrariums ♥ Hover Toys, Drones ♥ Lego ♥ Skateboards ♥ Nerf Items ♥ Salt rock & Lava Lamps ♥ Table top Air Hockey/Football Games ♥ Head Phones ♥ Remote control vehicles ♥ Karaoke Machine ♥ Make up & perfume ♥ Art & Craft Sets & Rock Painting Kits ♥ Sports Equipment & Pickle Ball Set ♥ Jewelry Making Kits ♥ Building Kits ♥ Puzzles up to 500 pieces ♥ Electronic Toys ♥ Curling/straightener & hair dryers 	<ul style="list-style-type: none"> ♥ Make up/Brush Sets & Perfume ♥ Shampoo/conditioner ♥ Curling/Straightener hair dryers ♥ 3D Pens ♥ Pillow Cloud Slippers ♥ Art Sets ♥ Hover Balls ♥ Portable Phone Chargers ♥ Remote Control vehicles ♥ Speakers blue-tooth ♥ Telescope/Microscope ♥ Skateboards/longboards ♥ Karaoke Systems ♥ Electronics ♥ Tool Sets ♥ Gym Bags ♥ Sport Balls ♥ Hair Trimmers/shavers ♥ Salt rock & Lava Lamps ♥ LED lights & ring lights ♥ Guitars ♥ Record Player 	

**Could you use a little help making Christmas merry
for your family this year?**

**If your family's finances have been impacted recently and
you're struggling to purchase Christmas presents, etc., you
can apply to the Adopt-a-Family Program and receive a
Christmas hamper at your home
on December 17.**

**Just call 403-346-2251 for information & to book an
appointment.**



Community Christmas Dinner

FRIDAY, DECEMBER 22

**Served from 12 noon to 2:00 pm
(or until food runs out)**

**Ham, Mashed Potatoes, Vegetables,
and Dessert will be served.**

**Free of Charge; Eat-In Only
(no takeouts)**

**Salvation Army Church
4837 54 Street, Red Deer**

