



Central Alberta Sports Club

2024/2025 Volleyball Season

CASC is running volleyball teams for 10u-16u boys and girls this coming season. The Winter/Spring season runs from January to April/May. At CASC, we know that many families have busy schedules so we run lower commitment *Local Teams* as well as our higher commitment *Travel Teams* to accommodate as many players as possible.

To join CASC this season, each player will need to attend a placement tryout. Our tryouts do not “cut” any players. Instead, we use them to determine the best level of team for each player.

Beginner Training

CASC offers 1x per week training for beginners!

Location Options:
Lacombe
Sylvan Lake

Age Groups:
10u-16u Boys
10u-16u Girls

Local Teams

Local Teams practice in their community and compete around Central Alberta. They usually have 1 practice and 1 game per week.

Location Options:
Red Deer
Lacombe
Sylvan Lake

Age Groups:
10u-16u Boys
10u-16u Girls

Travel Teams

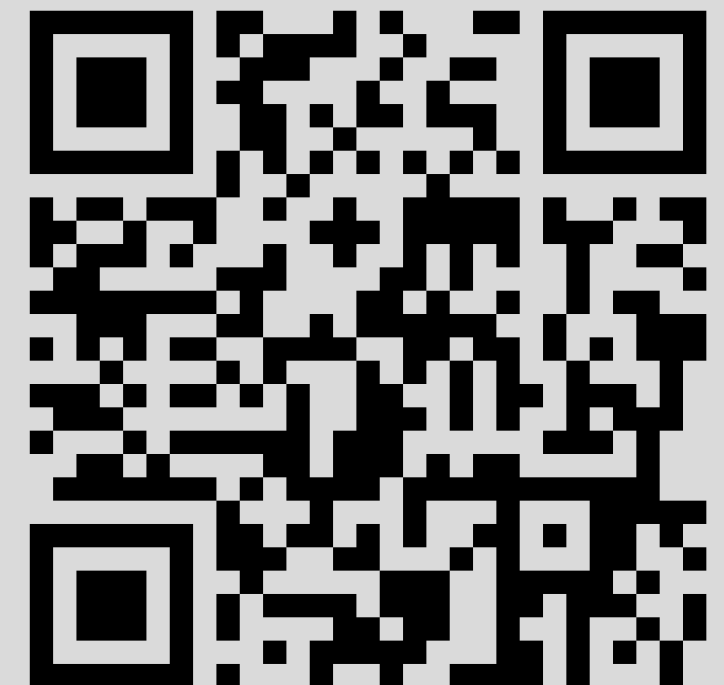
Travel Teams are a significant - but very rewarding - commitment. These teams practice 2-3 times per week, and compete in Premiers, as well as Provincials and Nationals.

Location Options:
Red Deer
Lacombe
Sylvan Lake

Age Groups:
12u-15u Boys
12u-16u Girls

Join Us!

The best way to get involved with CASC is to attend a placement tryout! Scan the QR code below for more info and to register!



Follow us on Facebook and Instagram!

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